



## Planned Phased Return to Training

Hi everyone, we hope you are all well and staying safe at this challenging time.

We are really looking forward to seeing you all back at Kirkley Park and in order to move towards what we hope will be the first step to normality, we at Wallsend Boys Club (WBC) have planned a phased return to training for our members.

In keeping with on-going developments, we will be following the latest Government and FA guidelines. The safety and wellbeing of our players, coaches, volunteers and parents/carers is of the utmost importance, and whilst it may look and feel a bit different, this document will outline what we as a club will be doing to ensure this is upheld.

This document will outline the initial plan and in particular during Phase 1 and sets out the key roles and responsibilities that we **ALL** must abide by, to ensure that the process is carried out as safely and as efficiently as possible.

Our planned return to training is as follows:

**22/06/2020**- Induction session for coaches/ volunteers- attending 1<sup>st</sup> week

**23/06/2020**- 1<sup>st</sup> **DEMO** session- Ages to be confirmed

**29/06/2020**- 2<sup>nd</sup> Induction session for coaches/ volunteers attending 2<sup>nd</sup> week

**30/06/2020**- 2<sup>nd</sup> **DEMO** session- Ages to be confirmed, increased numbers per session

**W/C- 06/07/2020**- FULL return to Kirkley Park

Moving forward, WBC will provide a weekly timetable that will be accessible to all- via our parents Facebook forum and forwarded on via our lead coaches, where team session times and dates will be communicated. Please ensure that all of your contact details are up to date and known to both the lead coach and the club.

**Please note it is not compulsory for any player, coach or volunteer to attend these sessions. If you think it is too early, your decision will be respected and we will look forward to welcoming you back at Kirkley Park when you feel comfortable to do so.**

### **Wallsend Boys Club (WBC) will:**

- Have the ultimate say as to whether training goes ahead or not. If deemed unsafe, WBC will have the right to cancel any planned session.
- Be constantly reviewing the recommended Government and FA guidelines and will make any changes where necessary and communicate any changes to all.
- Be responsible for guiding all coaches and volunteers on the protocol for a safe return to Kirkley Park.

- Provide coaches and volunteers with adequate PPE to deliver their session and other duties, whilst on site at Kirkley Park.
- Produce and share session plans with coaches that meet the current FA guidance. These sessions are there as examples of good practice and for coaches to use as ideas for their session.
- Ensure that a 1:5 ratio of coach to players is adhered to. WBC officials will also be on site to observe too.
- Ensure that there are sufficient Club Officials/volunteers on site at Kirkley Park to supervise the key locations in the process.
- Create a clearly marked "Drop off zone" for all players to be dropped off by car. The same zone will also be used if walking or travelling by bicycle to Kirkley Park.
- Ensure car park will be available for parents/carers to park their cars and parents/carers **MUST** remain in their car throughout the session. For the interim period there will be no spectators allowed on or near the 3G until we fully understand the new safety requirements.
- Ensure for parents/carers of players who arrive via walking or by bicycle, there will be a clearly marked area in which to wait until their child's session has finished.
- **NOTE: Kirkley Park Clubhouse and all toilets will be closed as part of this Phase as we do not have the resources available to maintain the safety and hygiene requirements.**
- Provide enough space on the 3G pitch for sessions to take place safely.
- Training sessions will last 45 minutes as part of Phase 1.
- Ensure there is a 30-minute gap in between sessions for changeover to ensure social distancing is adhered to and so that preparation and set up for the following session can take place.
- Players must attend their session on time, unfortunately **any late arrivals will NOT be permitted to join in the session.**
- Sanitize all equipment before and after use.
- Provide a clear entry and exit points for all players before and after their session.

**PLEASE NOTE that:**

- Any WBC coach, player, volunteer or parent/carer who feels unwell and displays any or all of the following symptoms; high temperature (above 37.8 C), loss of taste or sense of smell, consistent cough- must stay away from training and Kirkley Park for at least 7 days and let the club know as soon as possible. We would also encourage testing for Covid-19 in any such case.
- Any coach, player, volunteer or parent/carer/family member who tests positive for COVID-19 must adhere to the Government guidelines set and self-isolate for 14 days.
- The club requests that if any member of a household displays symptoms of Covid-19 and/or tests positive for Covid-19, then any other person within that household must also refrain from attending Kirkley Park and follow the self-isolating guidance from the Government.

### **WBC Players:**

- **MUST** wash their hands thoroughly before coming to training.
- **MUST** also sanitize their hands upon entry to and exit from Kirkley Park, using the sanitizer dispensers available at the entrance.
- To bring their own water bottle and bag to training (both must be clearly labelled). There will be an easily identifiable allocated area where to store these during the session.
- Are not to enter the 3G area until a WBC coach/volunteer instructs them to do so.
- Are to refrain from touching any teammates throughout their session. The 2-metre social distancing rule must be adhered to at all times. Any player not adhering to the rules will be asked to leave the session. Must not touch any of the equipment that has been set out unless given permission by a WBC coach.

### **WBC Parents/Carers:**

- Are requested not to car share to and from training with anyone outside of your household.
- Are required to drop their child off 10 minutes before session start time.
- **Any late arrivals will unfortunately be denied entry to their session.**
- Must drop their child off at the allocated "Drop off zone" at Kirkley Park. We appreciate that this is a slight change to our current policy of dropping children off at Kirkley Park.
- Must use the allocated car parking bays at Kirkley Park and refrain from mixing with other parents/carers on site.
- Must remain at Kirkley Park throughout the session- this is in case your child should suffer an injury, a bout of sickness or require immediate urgent attention. Coaches will avoid physical contact where manageable, but it will be left to their discretion and level of first aid training to what interaction and physical contact is required. Should physical contact be required during the administration of first aid, the coach will dispose of PPE used (gloves etc.) and be required to use fresh PPE for the remainder of the session.
- Are to please wash your child's kit after every training session.
- Are to please notify WBC if your child or anyone within your household becomes unwell and follow Government protocols.

If you have any questions about anything covered within this document then please do not hesitate to get in touch with us at [wallsendboysclub@gmail.com](mailto:wallsendboysclub@gmail.com) or alternatively contact your child's lead coach.

We are looking forward to hopefully seeing you soon. Take care and stay safe.

Wallsend Boys Club